# INSTRUCTIONS FOR USE PrMOUNJARO®

# tirzepatide injection single-dose vial for subcutaneous use

2.5 mg/0.5 mL single-dose vial 5 mg/0.5 mL single-dose vial 7.5 mg/0.5 mL single-dose vial 10 mg/0.5 mL single-dose vial 12.5 mg/0.5 mL single-dose vial 15 mg/0.5 mL single-dose vial

### Important information you need to know before injecting MOUNJARO

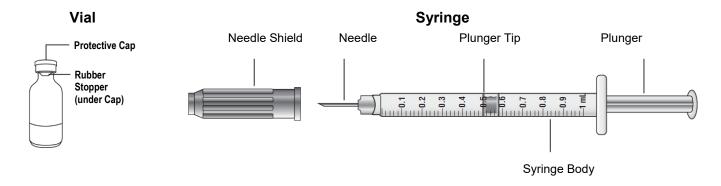
Read this "INSTRUCTIONS FOR USE" and the Patient Medication Information before you start taking MOUNJARO and each time you get a refill. There may be new information. This information does not take the place of talking to your healthcare provider about your medical condition or your treatment.

Talk to your healthcare provider about how to inject MOUNJARO the right way.

- MOUNJARO is a single-dose vial.
- MOUNJARO is used 1 time each week.
- Inject under the skin (subcutaneously) only.
- You or another person may inject into your stomach (abdomen) or thigh.
- Another person can inject into the back of your upper arm.

### Before using MOUNJARO, gather the following supplies needed to give your injection:

- 1 single-dose MOUNJARO vial
- 1 syringe and 1 needle (as recommended by your healthcare provider).
  - **Do not** reuse needles and syringes. Always use a new syringe and needle for each injection to prevent infections and blocked needles.
  - **Do not** share your needles or syringes with other people. You may give other people a serious infection or get a serious infection from them.
- 1 alcohol swab
- gauze
- 1 sharps container for throwing away used needles and syringes. See "Disposing of used needles and syringes" at the end of these instructions.



The needle and syringe shown are for illustrative purposes only. The needle and syringe recommended by your healthcare provider may look different than the needle and syringe illustrated in this INSTRUCTIONS FOR USE.

## **Preparing to inject MOUNJARO**

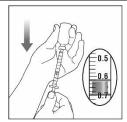
- Remove the vial from the refrigerator.
- · Wash your hands with soap and water.
- Check the vial label to make sure you have the right medicine and dose, and that it has not expired.
- Make sure the medicine in the vial is colourless to slightly yellow.
- **Do not** use the medicine if it is: frozen, cloudy, or has particles.

Step 1:	
Pull off the plastic protective cap, but <b>do not</b> remove the rubber stopper.	
Step 2:	
Wipe the rubber stopper with an alcohol swab.	
Step 3:	
Remove the outer wrapping from the syringe.	

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Step 4:	
Remove the outer wrapping from the needle. The syringe your healthcare provider recommended might have a pre-attached needle. If so, go to step 6.	
Step 5:	
Line up the needle with the syringe, and keep it straight as you attach it. Place the needle on top of the syringe and turn or push it on until it is tight and firmly attached, as instructed by your healthcare provider.	
Step 6:	
Remove the needle shield by pulling straight off.	
Make sure that the needle does not touch any other surfaces.	
Step 7:	Å
A. Hold the syringe with the needle pointing up.	0.4
B. Pull down on the plunger until the plunger tip reaches the line on the syringe indicating that at least 0.5 mL of air has been drawn into the syringe.	0.5
Step 8:	
Push the needle through the rubber stopper of the vial.	
Step 9:	
Push the plunger all the way in. This puts air into the vial, making it easier to pull the solution from the vial.	

## Step 10:

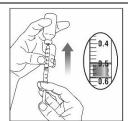
- A. Turn the vial and syringe upside down.
- B. Making sure the tip of the needle is in the medicine, slowly pull the plunger down until the plunger tip is past the 0.5 mL line.
- C. If there are air bubbles, tap the syringe gently a few times to let any air bubbles rise to the top.





# **Step 11:**

Slowly push the plunger up until the plunger tip reaches the 0.5 mL line. At this point, there should be no air in the syringe.



# **Step 12:**

Pull the syringe out of the rubber stopper of the vial. Make sure to pull the syringe straight out to avoid bending the needle.

Make sure that the needle does not touch any other surfaces.



### **Injecting MOUNJARO**

- Inject exactly as your healthcare provider has shown you.
- Change (rotate) your injection site within the area you choose for each dose. You may use the same area of
  your body but be sure to choose a different injection site within that area. Changing the injection site
  reduces your risk of developing the following conditions at the injection site:
  - · Getting lipodystrophy (pits in skin or thickened skin) and
  - localized cutaneous amyloidosis (skin with lumps).
- Do not inject where the skin has pits, is thickened, or has lumps.
- Do not inject where the skin is tender, bruised, scaly or hard, or into scars or damaged skin.
- Do not mix MOUNJARO with any other medicine.
- **Do not** inject MOUNJARO in the same injection site used for other medicines.

Step 13:	\.\.\
Choose your injection site. Prepare the injection site as directed by your healthcare provider. MOUNJARO is injected under the skin (subcutaneously).  • You or another person can inject the medicine in your stomach (abdomen) or thigh.  OR	OR
Another person can give you the injection in the back of your upper arm.	
Step 14: Insert the needle into your skin.	
Step 15:	
Push down on the plunger to inject your full dose.	
The plunger tip should be at the bottom of the syringe.	
The needle should stay in your skin for at least 5 seconds to make sure you have injected all of your medicine.	
Step 16:	6
Pull the needle out of your skin.	
If you see blood after you take the needle out of your skin, press the injection site with a piece of gauze or an alcohol swab. <b>Do not</b> rub the area.	
Do not recap the needle. Recapping the needle can lead to a needle stick injury.	

# Disposing of used needles and syringes

- Put your used needle and syringe in a sharps disposal container right away after use. **Do not** throw away (dispose of) loose needles and syringes in your household trash.
- If you do not have a sharps disposal container, you may use a household container that is:
  - made of a heavy-duty plastic,
  - can be closed with a tight-fitting, puncture-resistant lid, without sharps being able to come out,
  - upright and stable during use,

- leak-resistant, and
- properly labeled to warn of hazardous waste inside the container.
- When your sharps disposal container is almost full, you will need to follow your community guidelines for the
  right way to dispose of your sharps disposal container. There may be local laws about how you should
  throw away used needles and syringes.
- Do not recycle your used sharps disposal container.

## **Storing MOUNJARO**

- Store all unopened vials in the refrigerator at 2°C to 8°C.
- You may store the unopened vial at room temperature below 30°C for up to a total of 21 days.
- Do not freeze. Do not use if MOUNJARO has been frozen.
- Store the vial in the original carton to protect from light.
- Throw away all opened vials after use, even if there is medicine left in the vial.

Keep MOUNJARO vials, syringes, needles, and all medicines out of the sight and reach of children.

#### Where to learn more

- If you have any questions or problems with your MOUNJARO vial, contact Lilly at 1-888-545-5972 or call your healthcare provider for help.
- For more information about the MOUNJARO vial, visit our website at www.lilly.ca.

## Manufactured by

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